



children's hospice
SOUTH WEST

THE BIG SOUTH WEST

cream tea

Thank you for hosting your own cream tea

Together we will raise awareness and vital funds for babies, children and young people living with life-limiting conditions and their families across the South West.

This pack has all the information and materials to help you host your own cream tea, from fundraising tips to posters and donation forms. There's also 'jam first' and 'cream first' printable signs for you and your guests to use in photos to upload on social media; please remember to tag us.

£25...

could help fund fun family times in the hydrotherapy pool at the hospice to make memories together

£60...

could help pay for freshly prepared meals for the whole family to enjoy during a weekend hospice stay

£100...

could pay for care through the night, giving a parent uninterrupted sleep and strength for the next day



How to host a cream tea...

- ☺ Invite family, friends and colleagues
- ☺ Whip up (or buy) your scones, cakes and refreshments, we've supplied a scone recipe overleaf
- ☺ The best bit - enjoy a cream tea together
- ☺ Together with your guests raise funds one scone at a time.

Ideas and tips for hosting your cream tea

Here at Children's Hospice South West, our hospice cooks make exceedingly good scones! Many of you will have a favourite tried and tested recipe, but we thought we would share ours just in case. It's wonderfully easy so the children can join in too!

Ingredients

- ☺ 450g (1lb) self-raising flour (½ white and ½ wholemeal)
- ☺ 100g (4oz) margarine
- ☺ ½ tsp bicarbonate of soda
- ☺ 1½ tsp cream of tartar
- ☺ 2 tsp baking powder
- ☺ Milk to mix
- ☺ Sultanas (optional)

Method

- ☺ Mix all ingredients together in a large mixing bowl, adding enough milk to bind into a dough
- ☺ Roll the dough to 1 inch thick. Cut out with a cutter into individual scone shapes and bake at 200C for 7 to 10 minutes until golden brown.
- ☺ Place on a wire rack to cool
- ☺ Cut each scone in half and pile high with lashings of clotted cream and strawberry jam.

- ☺ Invite friends and family to join you in-person or virtually and make a donation
- ☺ Choose your spot, it could be the park, on Zoom, your garden, dining table or a rug on your sitting room floor!
- ☺ Make scones and cakes for family and friends and deliver them for a donation
- ☺ Create a quiz and guests donate to enter
- ☺ Auction off a homemade cream tea
- ☺ Guess the weight of the cake/scone
- ☺ Decorate your chosen spot with our bunting download
- ☺ Get out the best crockery, napkins, teacups, cake stand and table cloth or picnic rug
- ☺ Decorate with fresh flowers and streamers
- ☺ Play cards or a traditional board game
- ☺ Create a 'Cream Tea' playlist to listen to
- ☺ Get the children involved in baking and decorating
- ☺ Hold a live bake-a-thon
- ☺ Share your fundraising in the Be Incredible Facebook group, facebook.com/groups/beincredible

Collecting your fundraising

Fundraise online. Simple to set up and means you have no money to collect! Sponsors can add Gift Aid (an extra 25p for every £1 donated). When you register, your fundraising page will be created automatically.

Contactless donations. CharityGo mobile app turns your smart phone into a card reader to take safe and secure donations from credit and debit cards as well as digital wallets, such as Apple Pay, Google Pay and Samsung Pay. Gift Aid can be added too! Visit chsw.org.uk/charitygo to get started.

Cash donations. Use the sponsor form included, collect cash and pay in donations online or by sending a cheque in the post. Gift Aid can be added too!

Here to support you

Our Fundraising Teams are on hand to support you, simply call your local CHSW children's hospice

Little Bridge House

Redlands Road, Fremington, Barnstaple,
Devon EX31 2PZ ☺ 01271 325 270

Charlton Farm

Charlton Drive, Wraxall, North Somerset
BS48 1PE ☺ 01275 866 600

Little Harbour

Porthpean Road, Porthpean, St Austell,
Cornwall PL26 6AZ ☺ 01726 871 800



How your fundraising helps

By taking part in The Big South West Cream Tea, you will be helping Children's Hospice South West make the most of the lives of babies, children and young people living with life-limiting conditions and their families. The funds you raise will help to support families now and in the future.

Each hospice is a loving and caring place where every member of every family who stays can forget their worries for a while, be a family again and receive expert help and support with facing an uncertain future.



Making the most of short and precious lives across the South West

Registered Charity No. 1003314





THE BIG SOUTH WEST
cream tea

Raising smiles one scone at a time!



Where

When

Contact



chsw.org.uk/creamtea





children's hospice
SOUTH WEST

THE BIG SOUTH WEST cream tea

Raising smiles one scone at a time
Donation form

Title:	Host first name:
Host surname:	
Home address:	
Postcode:	Tel no:
Email:	
☐ My employer offers a matched giving scheme to match the amount I raise	
Your employer's name:	

We take your privacy seriously. For full details about how we store, protect, share and use your personal data, please see our Privacy Policy chsw.org.uk/privacy



Thank you for your sponsorship, if you would prefer not to receive an acknowledgement, please tick here ☐

giftaid it

Full name + home address + postcode + ✓ = Gift Aid

If I have ticked the box headed 'Gift Aid' ☒ I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Children's Hospice South West to reclaim tax on the donations detailed below, given on the date shown. I understand that if I pay less Income Tax/or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand that the charity will reclaim 25p of tax on every £1 that I have given.

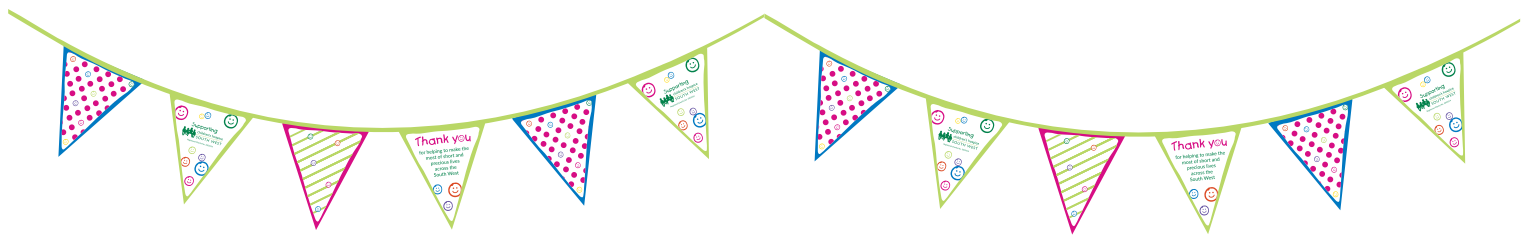
Guest full name (First name and surname)	Guest home address Not your work address (this is essential for Gift Aid)	Postcode	Gift Aid	Date given	Donation
Mr John Smith	37 Lavender Close, Brighton, East Sussex	BNI 3SR	✓	14/01/26	£20



Making the most of short and precious lives across the South West
www.chsw.org.uk

Registered Charity No. 1003314





THE BIG SOUTH WEST cream tea

Raising smiles one scone at a time

Fundraising Sweepstake

To help raise smiles for babies, children and young people living with life-limiting conditions

£

per guess

Event/challenge/competition

(such as 'Guess the...')

Winning prize





Donation form



children's hospice
SOUTH WEST

The Big South West Cream Tea continuation sheet

giftaid it

Full name + home address + postcode + ✓ = Gift Aid

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[illegible]

Return your sponsor money using an option below and complete the details to the right:

- Return your sponsor forms and cash or cheque, made payable to 'Children's Hospice South West,' to your local hospice or the head office (please do not send cash or coins in the post):
Little Bridge House (head office), Redlands Road, Fremington, Barnstaple, Devon EX31 2PZ
Charlton Farm, Charlton Drive, Wraxall, North Somerset BS48 1PE
Little Harbour, Porthpean Road, Porthpean, St Austell, Cornwall PL26 6AZ
- Visit chsw.org.uk/donate and use our online form. Please remember to post your sponsor forms to us so if your sponsors have ticked the Gift Aid box we will be able to claim an extra 25p for every £1 you raise!

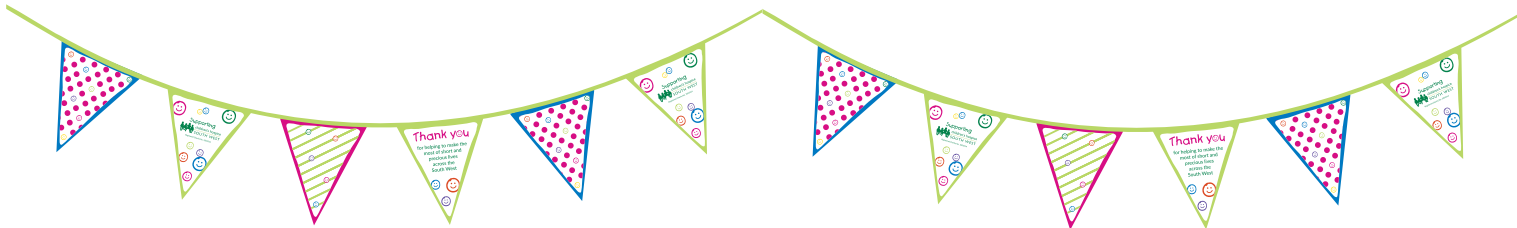
Date paid/sent:

Amount paid/sent: £

Please indicate how you paid

- ☐ Post ☐ CHSW website
☐ Local hospice

Published date: 22 July 2026



THE BIG SOUTH WEST cream tea

Raising smiles one scone at a time
Cream tea suggested donations

Item

£

Item

£

Item

£

Item

£

Item

£

Item

£



THE BIG SOUTH WEST

cream tea



I like my cream tea the Cornish way

#JamFirst

Raising smiles one scone at a time

chsw.org.uk/creamtea

Registered Charity No. 1003314

THE BIG SOUTH WEST

cream tea

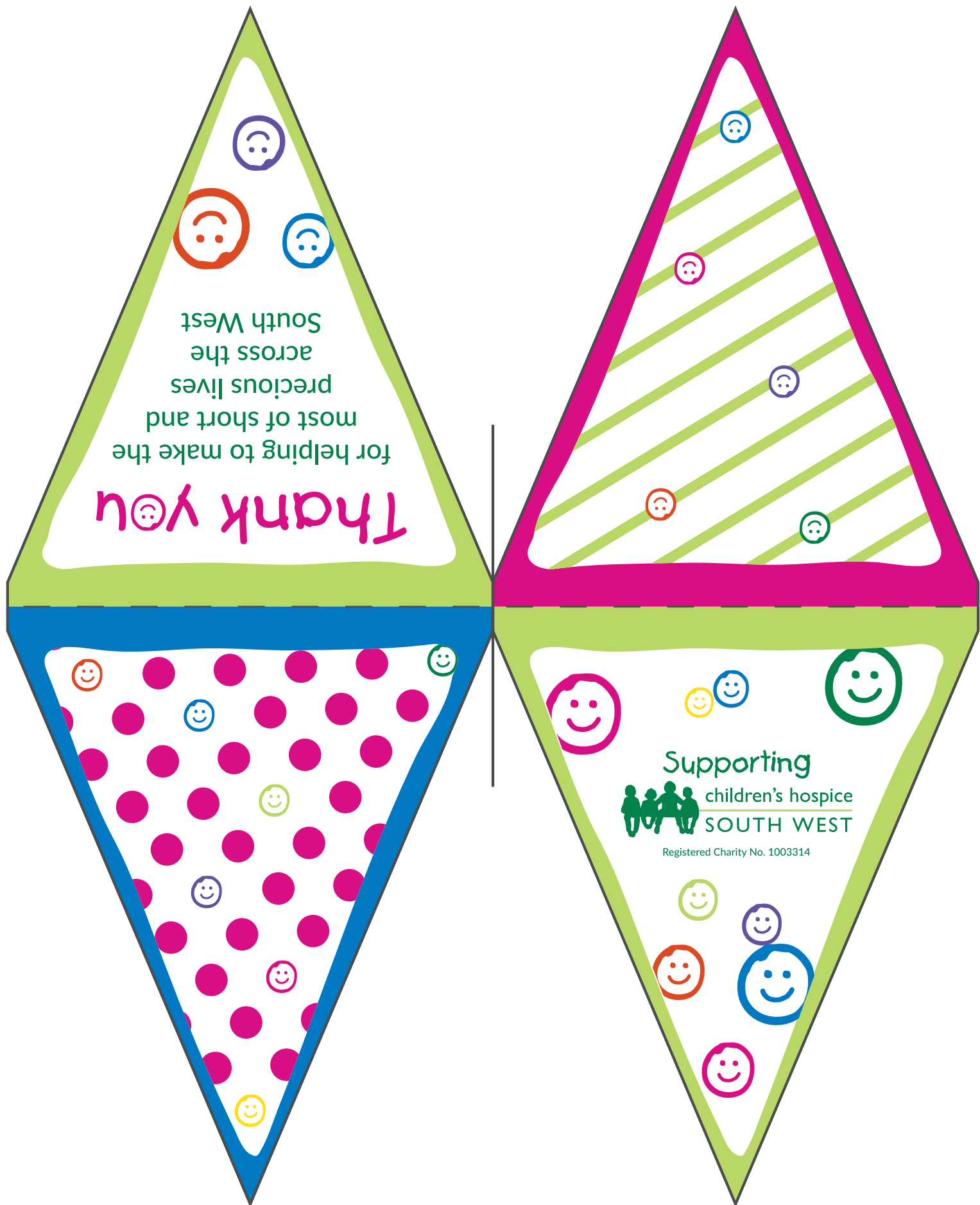


I like my cream tea
the Devon way

#CreamFirst

Raising smiles one scone at a time

chsw.org.uk/creamtea



To assemble the bunting

- 😊 Cut along the solid black line so you have 2 diamond shapes
- 😊 Fold each diamond along the dashed line to make a double sided bunting flag
- 😊 Thread the bunting string/fabric under the fold and glue the 2 bunting flags together
- 😊 Repeat this process until your bunting is as long as you require

Top tip: alternate the bunting flags so you have 4 different designs on each side!