



THE BIG SOUTH WEST cream tea

Thank you for hosting your own cream tea

Together we will raise awareness and vital funds for babies, children and young people living with life-limiting conditions and their families across the South West.

This pack has all the information and materials to help you host your own cream tea, from fundraising tips to posters and invites. There's also 'jam first' and 'cream first' printable signs for you and your guests to use in photos to upload on social media; please remember to tag us and use hashtags #CHSWCreamTea, #JamFirst or #CreamFirst.

£25...

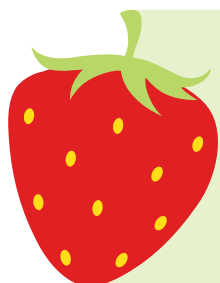
could help fund our 24-hour phone line for a parent needing emergency support or simply a listening ear.

£60...

could help fund a lifeline medical care visit to a baby, child or young person at home when needed most.

£100...

could help provide a parent with an uninterrupted night's sleep to give them strength to face tomorrow.



How to host a cream tea...

- ☺ Invite family, friends and colleagues using the invites enclosed in this pack
- ☺ Whip up (or buy) your scones, cakes and refreshments, we've supplied a scone recipe in this pack
- ☺ The best bit - enjoy a cream tea together
- ☺ Together with your guests raise funds one scone at a time online, by text or in cash.

Ideas and tips for hosting your cream tea

Here at Children's Hospice South West, our hospice cooks make exceedingly good scones! Many of you will have a favourite tried and tested recipe, but we thought we would share ours just in case. It's wonderfully easy so the children can join in too!

Ingredients

- ☺ 450g (1lb) self-raising flour (½ white and ½ wholemeal)
- ☺ 100g (4oz) margarine
- ☺ ½ tsp bicarbonate of soda
- ☺ 1½ tsp cream of tartar
- ☺ 2 tsp baking powder
- ☺ Milk to mix
- ☺ Sultanas (optional)

Method

- ☺ Mix all ingredients together in a large mixing bowl, adding enough milk to bind into a dough
- ☺ Roll the dough to 1 inch thick. Cut out with a cutter into individual scone shapes and bake at 200C for 7 to 10 minutes until golden brown.
- ☺ Place on a wire rack to cool
- ☺ Cut each scone in half and pile high with lashings of clotted cream and strawberry jam.

- ☺ Invite friends and family to join you in-person or virtually and make a donation
- ☺ Choose your spot, it could be the park, on Zoom, your garden, dining table or a rug on your sitting room floor!
- ☺ Make scones and cakes for family and friends and deliver them for a donation
- ☺ Create a quiz and guests donate to enter
- ☺ Auction off a homemade cream tea
- ☺ Guess the weight of the cake/scone
- ☺ Decorate your chosen spot with our bunting download
- ☺ Get out the best crockery, napkins, teacups, cake stand and table cloth or picnic rug
- ☺ Decorate with fresh flowers and streamers
- ☺ Play cards or a traditional board game
- ☺ Create a 'Cream Tea' playlist to listen to
- ☺ Get the children involved in baking and decorating
- ☺ Hold a live bake-a-thon
- ☺ Share your fundraising in the Be Incredible Facebook group, [facebook.com/groups/beincredible](https://www.facebook.com/groups/beincredible)

Collecting your fundraising

Fundraise online. Simple to set up and means you have no money to collect! Sponsors can add Gift Aid (an extra 25p for every £1 donated). Set up an online giving page on Facebook, or at [justgiving.com](https://www.justgiving.com)

Contactless donations. CharityGo mobile app turns your smart phone into a card reader to take safe and secure donations from credit and debit cards as well as digital wallets, such as Apple Pay, Google Pay and Samsung Pay. Gift Aid can be added too! Visit [chsw.org.uk/charitygo](https://www.chsw.org.uk/charitygo) to get started.

Cash donations. Use the sponsor form included, collect cash and pay in donations online or by sending a cheque in the post. Gift Aid can be added too!

Here to support you

Our Fundraising Teams are on hand to support you, simply call your local CHSW children's hospice

Little Bridge House

Redlands Road, Fremington, Barnstaple,
Devon EX31 2PZ ☺ 01271 325 270

Charlton Farm

Charlton Drive, Wraxall, North Somerset
BS48 1PE ☺ 01275 866 600

Little Harbour

Porthpean Road, Porthpean, St Austell,
Cornwall PL26 6AZ ☺ 01726 871 800



How your fundraising helps

By taking part in The Big South West Cream Tea, you will be helping Children's Hospice South West make the most of the lives of babies, children and young people living with life-limiting conditions and their families. The funds you raise will help to support local families now and in the future.

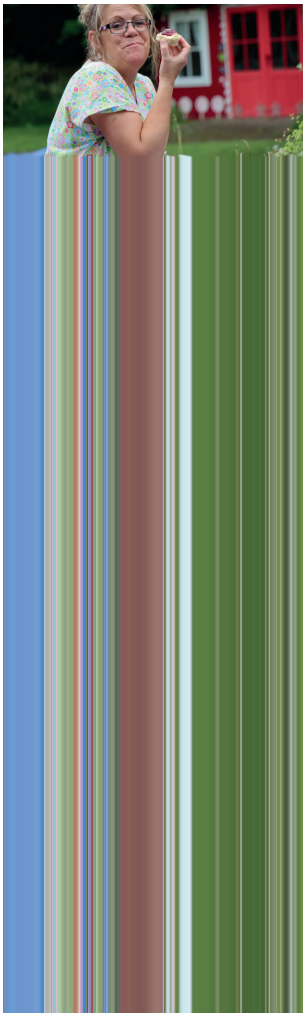
Each hospice is a loving and caring place where every member of every family who stays can forget their worries for a while, be a family again and receive expert help and support with facing an uncertain future.



Making the most of short and precious lives across the South West

Registered Charity No. 1003314





THE BIG SOUTH WEST cream tea

Raising vital funds for babies, children and young people living with life-limiting conditions

chsw.org.uk/creamtea

Where

When

Get





THE BIG SOUTH WEST cream tea

I'd like to invite you to join me for The Big South West cream tea

I'm holding a cream tea to raise vital funds for babies, children and young people with life-limiting conditions and their families one scone at a time! Please join me.

Where

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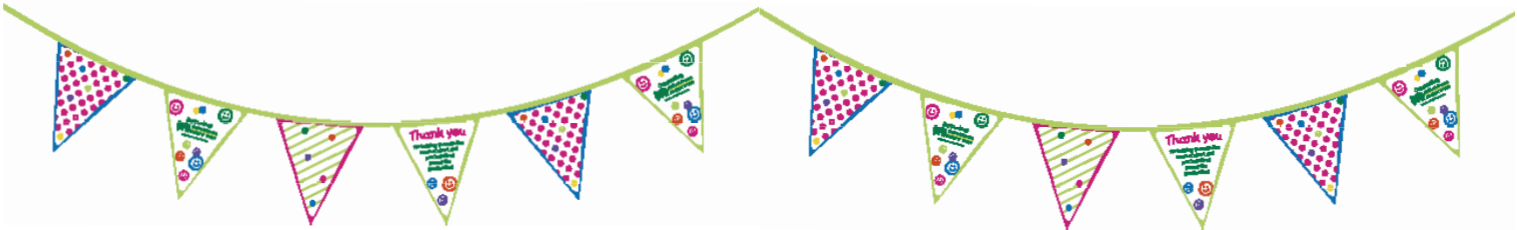
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THE BIG SOUTH WEST cream tea

Raising money for families one scone at a time
cream tea suggested donations

Item	£
Item	£
Item	£
Item	£
Item	£
Item	£





**I like my cream tea
the Cornish way**

#JamFirst

Raising money for families one scone at a time

chsw.org.uk/creamtea  [#CHSWCreamTea](https://twitter.com/CHSWCreamTea)

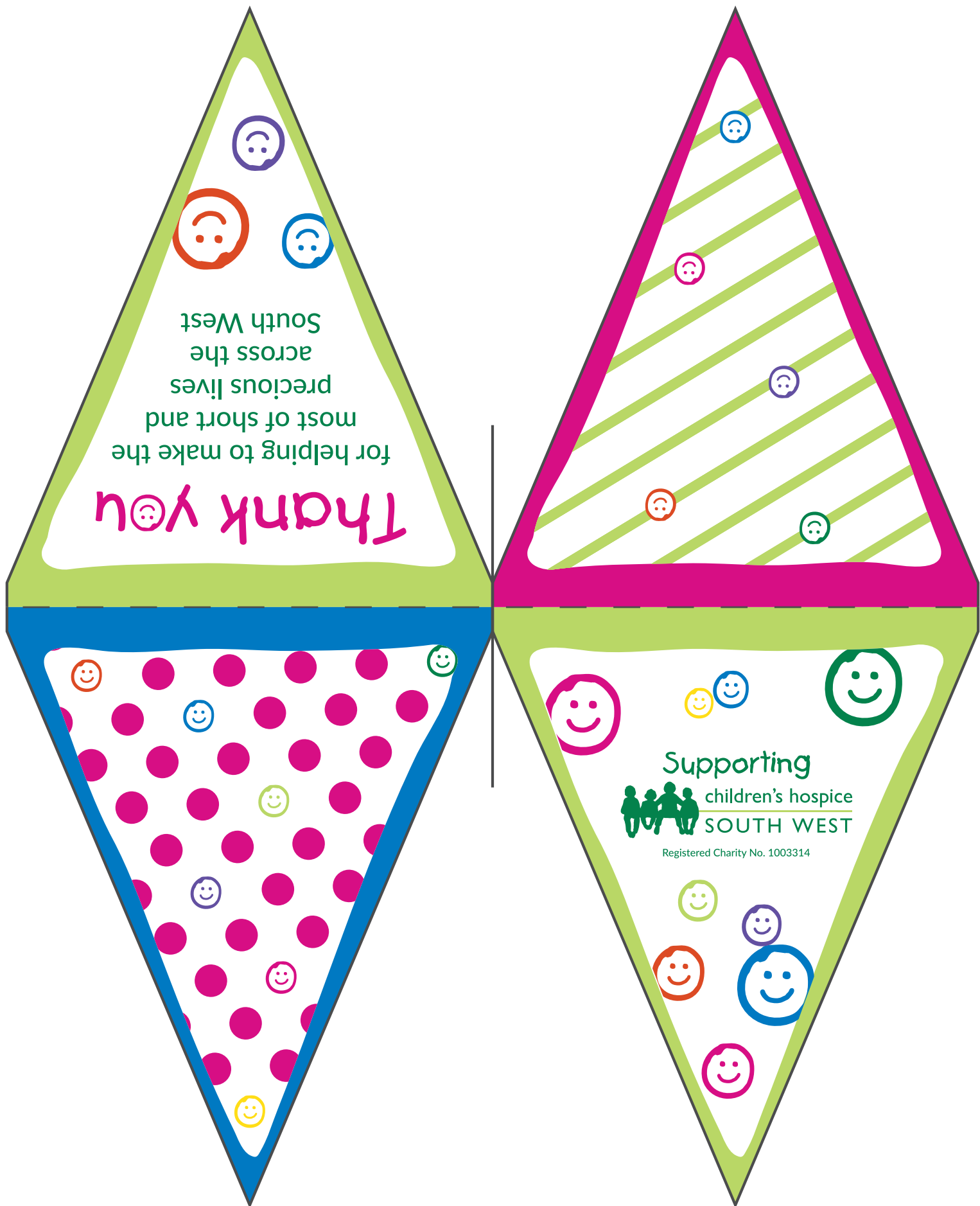


I like my cream tea
the Devon way

#CreamFirst

Raising money for families one scone at a time

chsw.org.uk/creamtea  [#CHSWCreamTea](https://twitter.com/CHSWCreamTea)



To assemble the bunting

- ☺ Cut along the solid black line so you have 2 diamond shapes
- ☺ Fold each diamond along the dashed line to make a double sided bunting flag
- ☺ Thread the bunting string/fabric under the fold and glue the 2 bunting flags together
- ☺ Repeat this process until your bunting is as long as you require

Top tip: alternate the bunting flags so you have 4 different designs on each side!



THE BIG SOUTH WEST
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Thank you for joining me at my
Big South West cream tea

Together we supported Children's Hospice
South West one scone at a time.



Supporting
children's hospices
SOUTH WEST
National Charity 107998

We're helping to make the
most of short and precious
lives across the South West
www.chsw.org.uk



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